



COMPILED BY SNSD JULIA BURNETT

YEAR IN REVIEW

10 greatest happenings from last year:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

I am most proud of these three accomplishments from last year:

1. _____
2. _____
3. _____

Three greatest lessons I've learned from last year:

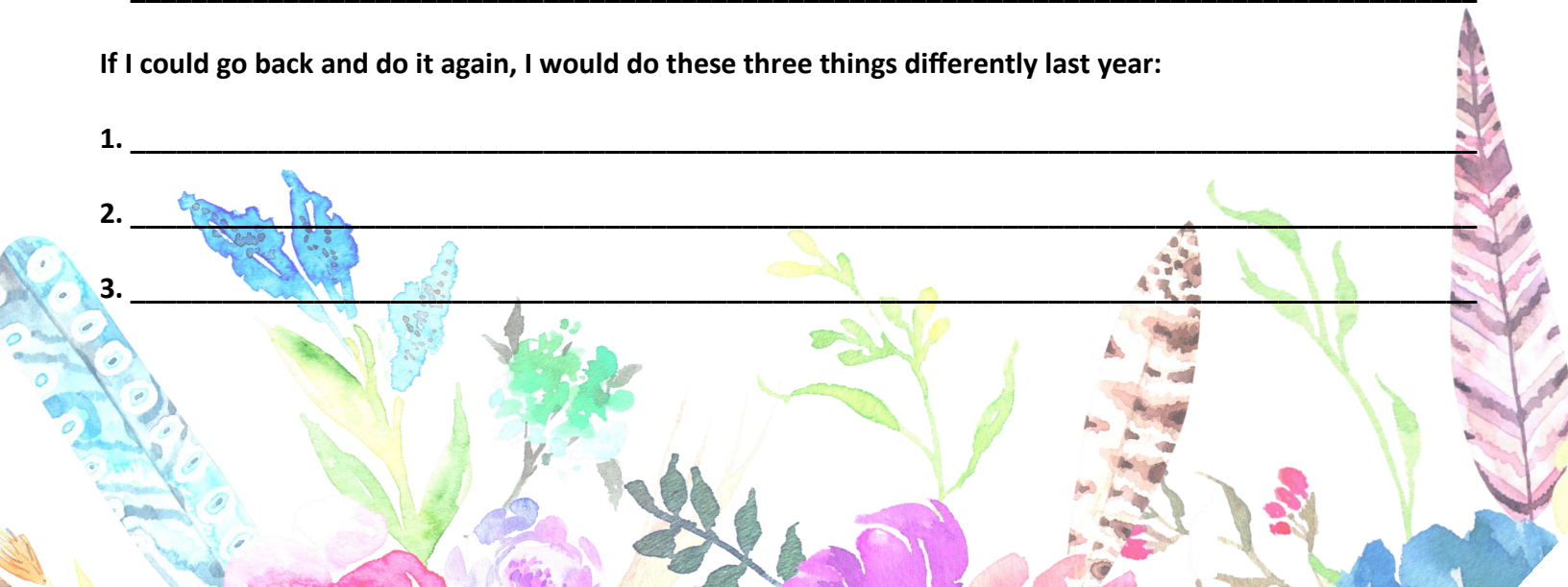
1. _____
2. _____
3. _____

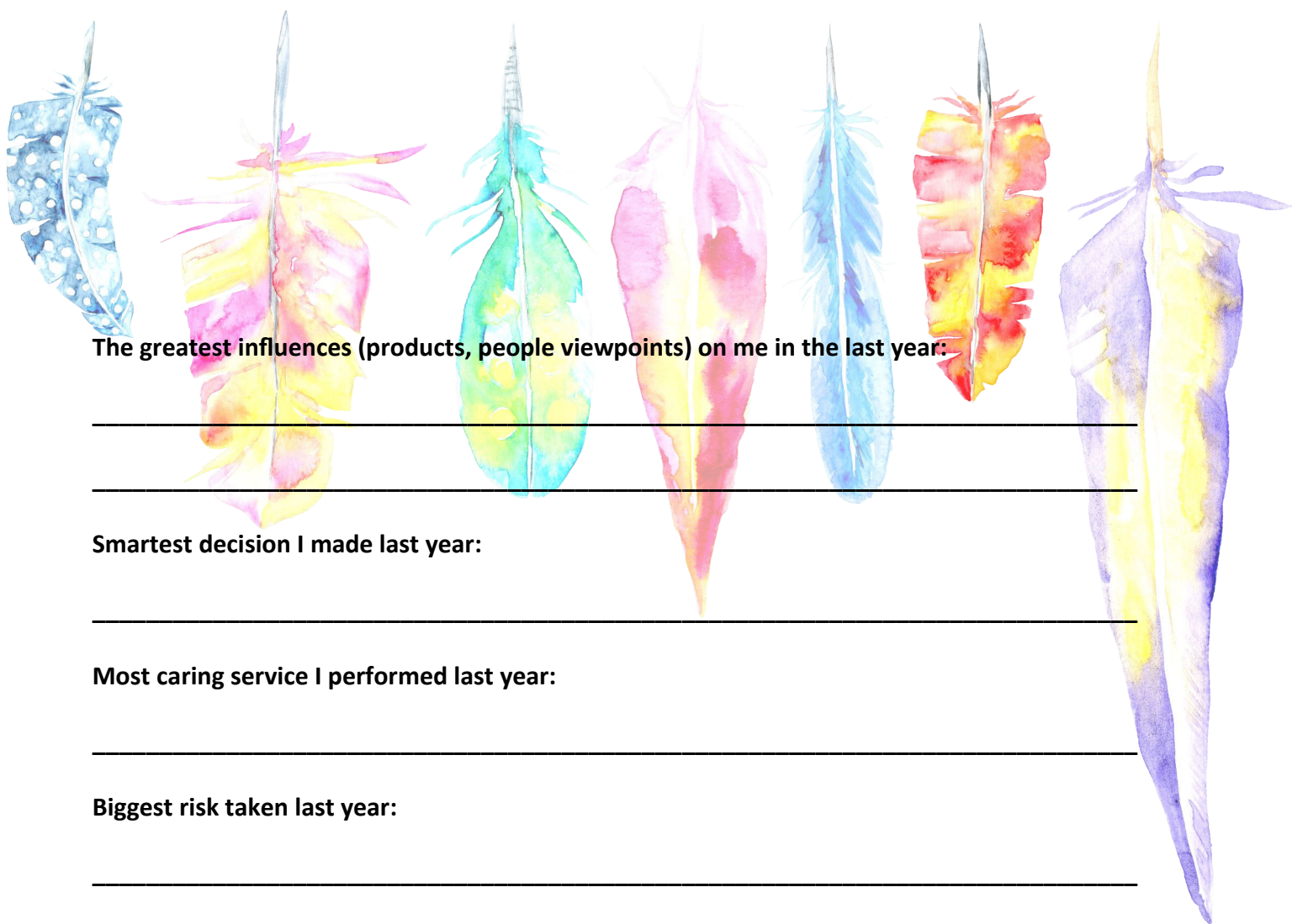
Three personal improvements I have made in the past year are:

1. _____
2. _____
3. _____

If I could go back and do it again, I would do these three things differently last year:

1. _____
2. _____
3. _____





The greatest influences (products, people viewpoints) on me in the last year:

Smartest decision I made last year:

Most caring service I performed last year:

Biggest risk taken last year:

Most important relationship improved last year:

One word that best sums up and describes last year's experience:

Three things I need to do less of in the next year:

1. _____

2. _____

3. _____

Three things I need to stop doing altogether:

1. _____

2. _____

3. _____

Three things I need to do more of in the next year:

1. _____

2. _____

3. _____



GRATITUDE

Three amazing people in my life:

1. _____
2. _____
3. _____

Three great things about my home and where I live:

1. _____
2. _____
3. _____

Three great things about where I work and what I do for a living:

1. _____
2. _____
3. _____

Three great gifts of knowledge and experience I have developed:

1. _____
2. _____
3. _____

Three great gifts of unique talent and skill I have been given:

1. _____
2. _____
3. _____

Three ways I have experienced blessing in my life:

1. _____
2. _____
3. _____

Chart how you feel in each of these areas. You define the scale, meaning if you don't highly value one area and you are operating at your personal highest involvement in that area—then that's your level 10. Connect the dots.

Spiritual—How tuned in are you with God? How would God rate your faithfulness to develop a relationship with Him?

Self-image – How do you honor yourself? Do you respect yourself? Do you love yourself? Do you believe in your abilities? Do you appreciate yourself?

Personal Growth— How intentional are you investing in you?

Career – How are you performing in this area? Are you achieving in the ways you want to achieve?

Finance – Do you have enough money to pursue your goals? How well do you manage your money? How much is your income/monthly cash flow? How intentional are you to save/give? Are you financially abundant?

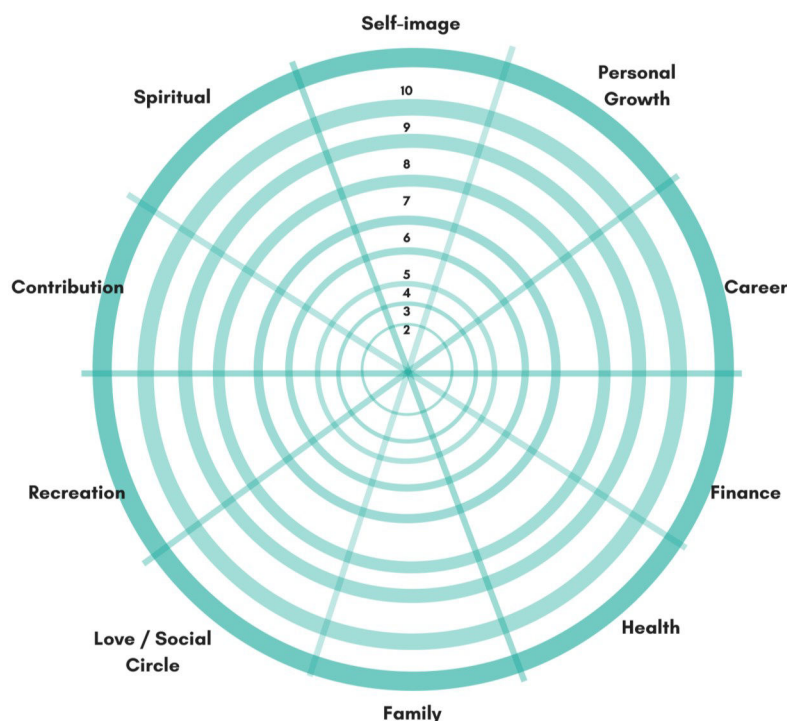
Health – How healthy is your body? Is your life style healthy? Do you get enough sleep/rest? Are you eating healthily? Are you exercising regularly?

Family/Marriage – How are your relationships with your family members/spouse? Your relatives? Do you talk with them freely? Do you communicate with them openly?

Love/Social circle – How much love do you feel in your life now? Not romantic love but simply do you feel loved by those around you? Do you have a social circle of positive friends to hang out with, talk to, confide in, have fun with? Do you have deep connections with these friends?

Recreation – Are you pursuing your other interests and hobbies?

Contribution – How are you making a contribution—a positive impact in your world? With your family, those you lead, your church, community? Are you giving back to the society and the world?




What 1-3 areas do you want to work on?

5 year goal

1 year goal

90 day commitment



“The person you will be in five years depends largely on the information you feed your mind today. Be picky about the books you read, the people you spend time with and the conversations you engage in.”

~Rueben Chavez

List the 5 people you are around the most:

+/-

- 1.
- 2.
- 3.
- 4.
- 5.

Now evaluate whether their influence on you, your conversations, your thoughts, your future are positive or negative. Write a +/-

List the 5 greatest influences on you/what information you allow into your mind (social media, news, audios, podcasts, social environments, social circles, movies, mindless scrolling)

- 1.
- 2.
- 3.
- 4.
- 5.

Now evaluate their positive or negative influence on you, your thoughts, your future. Write a +/-

People, media, influences I need to INCREASE association with:

People, media, influences, conversations I need to LIMIT association with:

People, media, influences, conversations I need to DISASSOCIATE with:

My committed theme for the year ahead:

The theme I want to grow & explore this year:

(ex: parenting, marriage, prayer, leadership, health, time management, decluttering)

Books I will study related to my theme:

1. _____
2. _____
3. _____
4. _____
5. _____

Audio programs I will pursue:

1. _____
2. _____
3. _____

Top seminar or training I will attend:



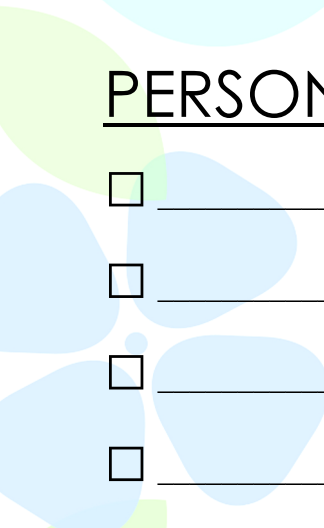
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1.	WHAT: _____
	WHY: _____
	HOW: _____
2.	WHAT: _____
	WHY: _____
	HOW: _____
3.	WHAT: _____
	WHY: _____
	HOW: _____

and what
my BEST



MASTER



PERSON

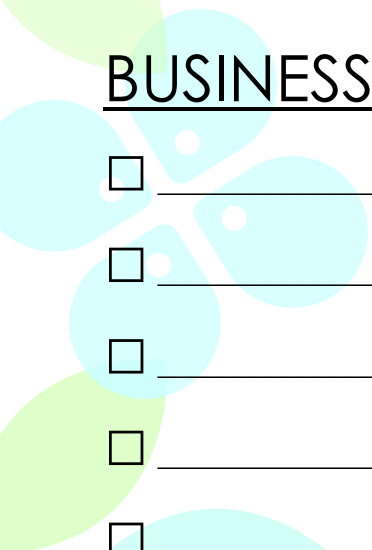
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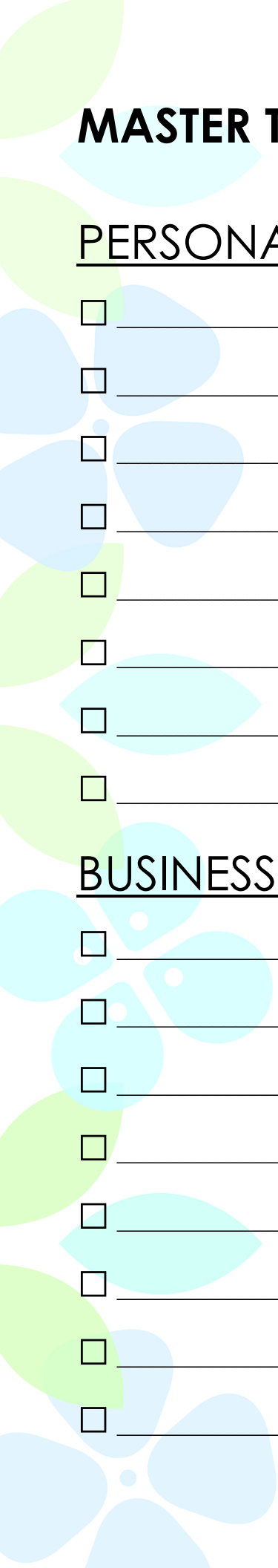
☐ _____

□ □ □ □



BUSINESS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



MAJOR PURCHASES

[illegible]

PERSONAL DEVELOPMENT HONEY DO

/ SERMONS / BOOKS TO READ

[illegible]

