



REFLECT OVER LAST 90 DAYS

Review last 90 days fixes: ☐

Any particular fixes I'd like to recommit to?

Where did I get results?

What am I doing that has not been effective?

Do I need to stop doing this, do it differently or need to expand on it? Have I not done it "long enough"?

When I was hitting big #s or having my best months, what was going on in my business and personal life?

If my results were disappointing, what was going on in my MIND? Where have I been?

Moving forward how can I renew my mind? Take care of myself?

MY LIFE WHEEL AREAS OF FOCUS

How did I do the last 90 days on my goals?

Rewrite 1-3 areas of focus	5 year goal	1 year goal	90 day commitment



LOOK AHEAD TO NEXT 90 DAYS

Am I up to date on new products? If not, which ones?

How has my customer service follow up been?

How can I make my customers feel even more cared for / make it easy for them to remember and re-order products they love?

Am I meeting my selling goals? If not, what can I implement or do differently?

Look ahead to the next 90 days / next large MK event. Where would I want to see myself being celebrated?

What makes this important to me?

Why would this be important to my family?

How can I remind myself this is important to me?

Write out all promotions for the next 90 days so you are clear (Power Program rewards, Move Up in Red, Star Outings, Unit, Area & Company promotions).

Decide on your focus— less is more. What's the ONE activity/program that results in the achievement of all the other promotions important to me?

What activity needs to happen daily / weekly to hit my goal?

How will I remind myself?

Do I feel tension in any part of my business? Why? What could change this? What could I delegate, what system could I put in place, inventory to stock, or skill to develop to support this?

Do I feel tension anywhere else in life? What might be causing this? What could I implement, what changes could I make, or what new habits could I create to address this?



