



Mary Kay Weekly Plan Sheet

Name:

Week of :

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
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2:00							
3:00							
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5:00							
6:00							
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8:00							
9:00							
10:00							

MEAL PLAN | GROCERY



BRAIN DUMP

- List all the tasks, to dos, reminders here - if it comes to mind - release it by writing it down
- Write 'D' next to everything you can delegate
- Put an * next to any item that is a 'must complete this week'

PERSONAL

BUSINESS

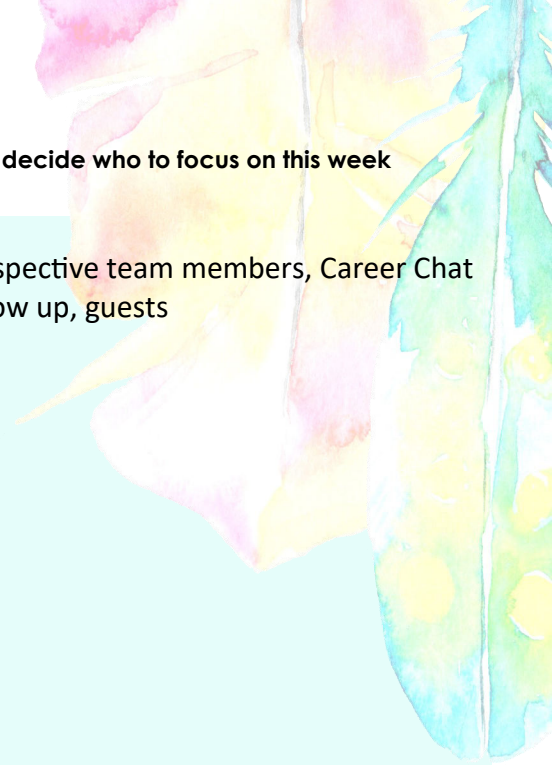


MY BIZ THIS WEEK—

refer to monthly list of contacts & decide who to focus on this week

Contacts to book/reason , customer service follow up,
appointments to coach / pre-profile

Prospective team members, Career Chat
follow up, guests



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WEEKLY HABIT TRACKER

[illegible]



Personal Development Materials I'm Studying This Week:

Skills I'm Developing and Practicing This Week:

WEEKLY REVIEW

Wins:

1.

2.

3.

Losses:

1.

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3.

Fixes:

1.

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3.

Ah-HAs:

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What Else I'm Grateful for This Past Week:

What Else I Learned from Personal Development and Skill Improvement Study this Week:



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TODAY'S GOAL:

- ___ CALLS ☐
- ___ SALES ☐
- ___ FACES ☐
- ___ BOOKINGS ☐

DINNER



WHAT IS THE MAIN EVENT?

TO DO LIST COMPLETE?

☐

TIME ABC **BIZ 6**

PERSONAL / FAMILY TO DO

___ 1. _____

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TO BOOK:

CUSTOMER SERVICE:

COACH / PRE-PROFILE:

CAREER CHATS:

GUESTS TO INVITE:

RELATIONSHIP BUILDING / NETWORKING:

FOLLOW UP / REMINDER:



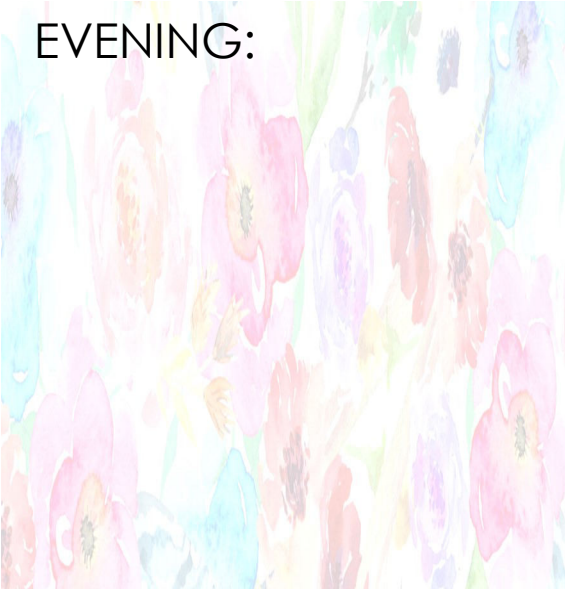


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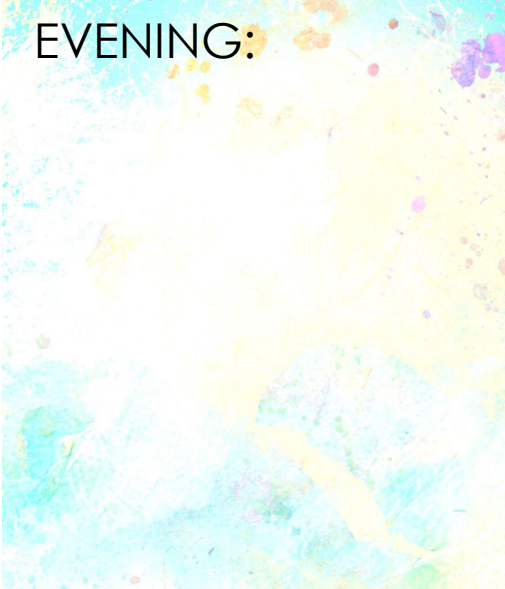


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EVENING:

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FOLLOW UP / REMINDER:

*Let your
faith be
bigger than
your fear*



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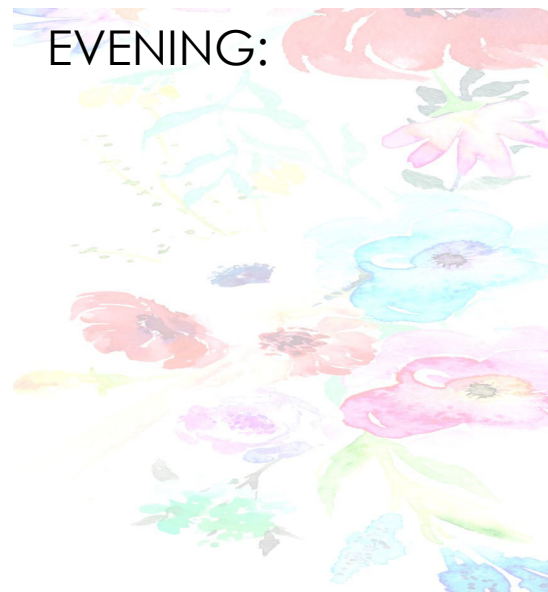
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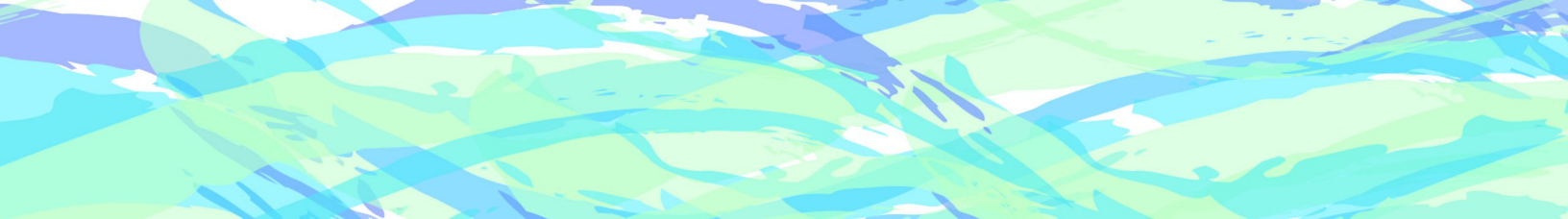
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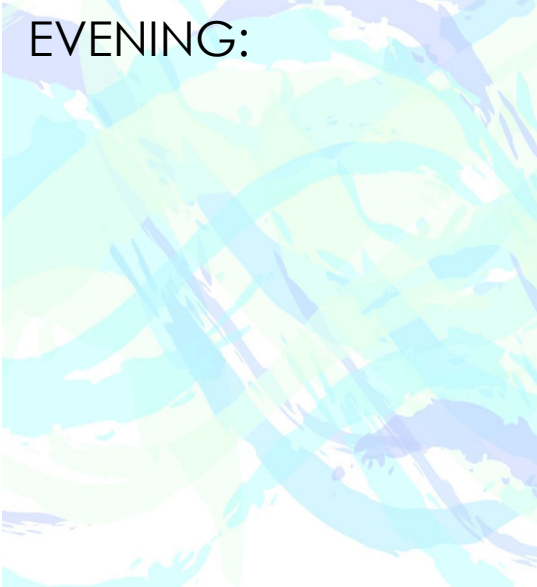


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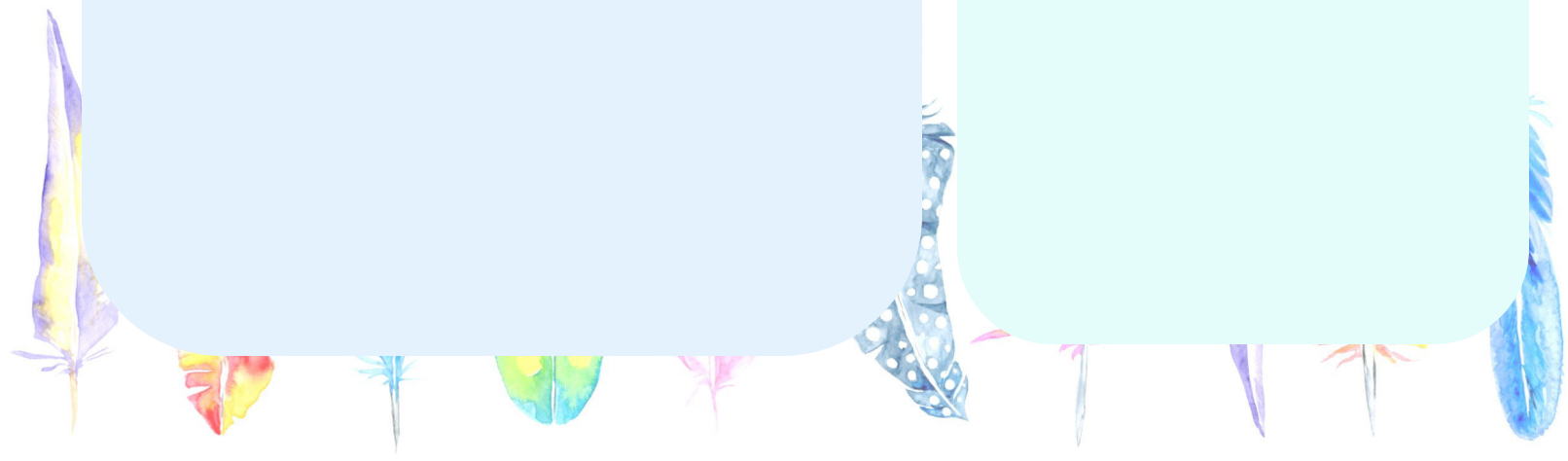
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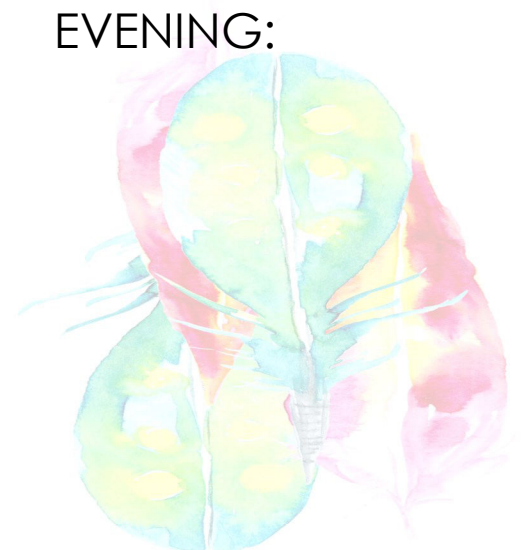
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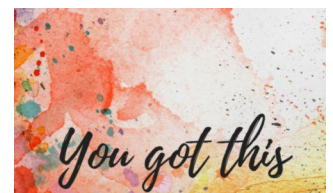
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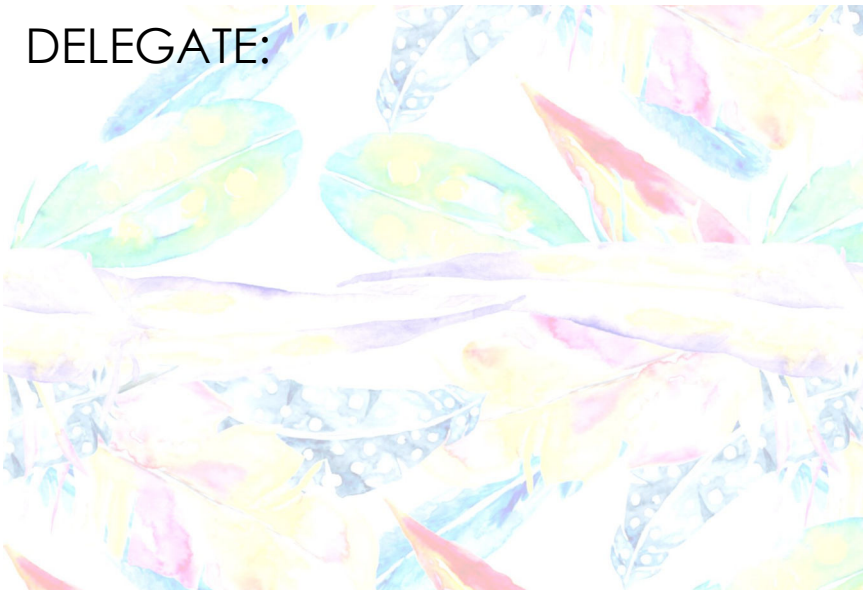
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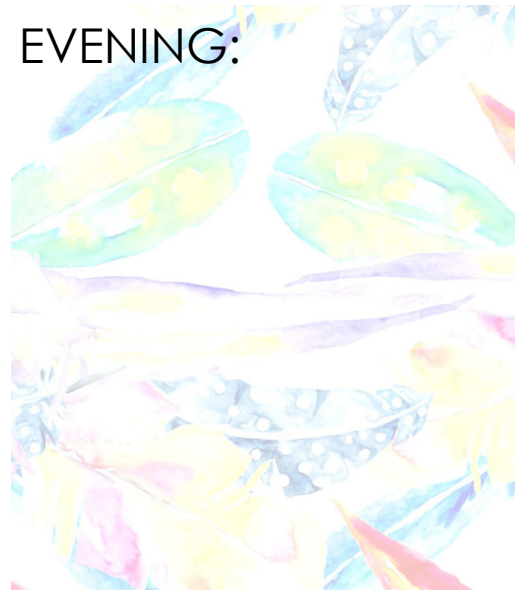
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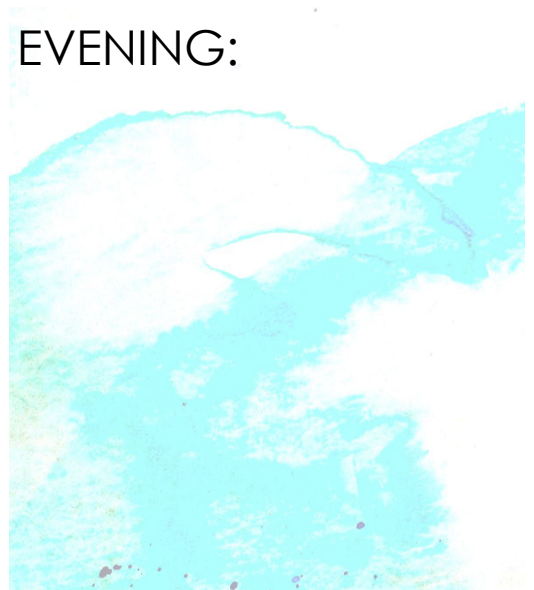
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